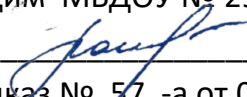




Утверждено: заведующим МБДОУ № 29 п.Тавричанка

 Е.А.Панченко
приказ № 57 -а от 07.07.2025 года

РЕЖИМ ДНЯ МБДОУ

«Детский сад общеразвивающего вида №29 п.Тавричанка Надеждинского района» на 2025-2026 учебный год.

Режимные моменты	Время, группы				
	Вторая группа раннего возраста 2-3	Младшая группа 3-4 года	Средняя группа 4-5 лет	Старшая группа 5-6 лет	Подготовительная группа
Прием, свободная игра	7.30 – 8.15	7.30-8.15	7.30-8.15	7.30-8.20	7.30-8.20
Утренняя гимнастика	8.15 – 8.20	8.15-8.25	8.15-8.25	8.20-8.30	8.20-8.30
Подготовка к завтраку, завтрак, дежурство	8.20 – 8.55	8.25-8.45	8.25-8.45	8.30-8.45	8.30-8.40
Утренний круг	-	8.45 -9.00	8.45-9.00	8.45-9.00	8.40-9.00
Организованная образ.деятельность	По подгруппам	9.00 – 9.40	9.00 – 9.50	9.00 – 10.35	9.00 – 10.50
Самостоятельная деятельность	9.00 – 9.20	9.40 – 10.00	9.50 – 10.10		
Подготовка к прогулке, прогулка (игры, наблюдения, труд)	9.20-9.40 9.40-11.20	10.00 – 12.00	10.10 – 12.10	10.35-12.25	10.50-12.30
Возвращение с прогулки, игры	11.20-11.45	12.0 0-12.20	12.10-12.20	12.25-12.40	12.30-12.40
Подготовка к обеду. Обед, дежурство	11.45-12.10	12.2 0-12.40	12.20-12.40	12.40-13.00	12.40-13.00
Подготовка ко сну, дневной сон	12.10-15.00	12.4 0-15.00	12.40-15.00	13.0 0-15.00	13.00-15.00
Постепенный подъем, профилактические, физкультурно- озд. процедуры	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15
Подготовка к полднику. Полдник	15.15-15.30	15.15-15.25	15.15-15.25	15.15-15.25	15.15-15.25
Игры, кружки, занятия по подгруппам	15.30-16.15	15.25-16.00	15.25-16.00	15.25-16.00	15.25-16.00
Вечерний круг		16.00 – 16.20	16.00 – 16.20	16.0 0-16.20	16.0 0-16.20
Прогулка. уход домой	16.15-18.00	16.20-18.00	16.20-18.00	16.20-18.00	16.20-18.00

MIIOegYJKoZIhvcNAQcCoII0azCCDmcCAQExDjAMBggqhQMHAQECAGUAMAsGCSqGSIB3DQEHAaCC
Cc4wggNKMIID6ADAgECAhEC/Q93Aa6sJk9DCRnnP0pubzAKBggqhQMHAQEDAjCCAYkxHjAcBgkq
hkiG9w0BCQEWd2NhQHNRymtbnR1ci5ydTEYMBYGBSFA2QBEG0xMDI2NjA1NjA2NjIwMRowGAYI
KouDA4EDAQESDDAwNjY2MzAwMzEYNzELMAKGA1UEBhMCUluXmZAxBgNVBAGMKjY2INCh0LLQtdGA
0LTQu9C+0LLRgdC60LDRjyDQvtCx0LvQsNGB0YLRjDEhMB8GA1UEBwwY0JXQutCw0YLQtdGA0LjQ
vdCx0YPRgNCzMUQwQgYDVQJDDvRg9C70LjRhTcWINCd0LDRgNC+0LTQvdC+0Lkg0LLQvtC70LgS
INGB0YLRgNC+0LXQvdC40LUgMTnQkDEwMC4GA1UECwwn0KPQtNC+0YHRgtC+0LLQtdGA0Y/RjtGJ
0LjQuSDRhtC10L3RgtGAMSkwJwYDVQKDCDQkNCeICLQn9CkICLQodCa0JEg0JrQntCd0KLQo9Cg
IjEpMCCGA1UEAwwg0JDQniAi0J/QpCAi0KHQmtCRINCa0J7QndCi0KPQoCIwHhcnMjEwMTEYmJi0
MDM0WhcnMjIwNDEYmJiZ0DU3WjCCAeAxMDAuBgkqhkiG9w0BCQIMITI1MjEwMDYwNjktmJuyMTAx
MDAXLTAWNDM1MzYwNjEzNDEmMCQGCSqGSIB3DQEJARYXUmFzcG9wb3ZhMDgxOTc3QG1haWwucnUx
GjAYBggqhQMDgQMBARIMMDAYNTIxMDA2MDY5MRYwFAYFKoUDZAMSCzA0MzUzNjA2MTM0MRgwFgYF
KouDZAESDTEwMjI1MDEwNjE5NjcXHTABBgNVBAwMFNCX0LDQstC10LTRg9G00YnQuNC5MSMwIQYD
VQKDBrQnNCR0JTQntCjINCu0KHQntCSI0KEliAy0TEvMC0GA1UECQwm0KPQmyDQmtCS0JDQoNCi
0JDQm9Cs0J3QkNCvLCDQlNCe0JwgMTAxHTABBgNVBACMFNCi0LDQstGA0LjRh9Cw0L3QutCwMSkw
JwYDVQJIDCAyNSDQn9GA0LjQvNC+0YDRgdC60LjQuSDQutGA0LDQuTELMAGKGA1UEBhMCUluXkKjAo
BgNVBComIDcv0LvQtdC90LAG0JDQvdCw0YLQvtC70YzQtdCy0L3QsDEZMBcGA1UEBAwQ0J/QsNC9
0YfQtdC90LrQvjEjMCEGA1UEAwwa0JzQkdCu0J7QoyDQlNCh0J7QkiDihJYgMjkwZjAFBggqhQMh
AQEBATATBgCqhQMCAiQABggqhQMHAQECAGNDAARAPk+LYJ6BFq5woYea7ks5K1z1AXNo7bDXB420
nFLgUCoxRr3eKEJ2ak5C030Y0v3bWD/LIfhPgS2/HMh3kVJtYq0CBVYwggVSM4GA1UdDwEB/wQE
AwIE8DAiBgNVHREEGZAZgRdSYXNwb3BvdnEwODE5NzdAbWFPbC5ydTATBgNVHSAEDDAKMAgGBiqF
A2RxATBBBgNVHSUE0jA4BggrBgEFBQCDAgYHKOUDAgIiBgYIKwYBBQUHAWQGBYqFAwMHCAEGCCqF
AwMHAQEBBgYqhQMDBwEwgaEGCCsGAQUFBwEBBIBGUMIGRMEYGCCsGAQUFBzAchjpodHRw0i8vY2Rw
LnNrYmtbnR1ci5ydS9jZXJ0awZpY2F0ZXMvc2tia29udHVyLXExLTIwMjAuYyJ3J0MEcGCCsGAQUF
BzAchjtodHRw0i8vY2RwMi5za2Jrb250dXIucnUvY2VydGlmawNhdGVzL3NrYmtbnR1ci1xMS0y
MDIwLmNyYDARBgNVHRAEJDAigA8yMDIxMDEXMjIyNDAM1qBDzIwMjIwNDEYmJiZ0DU3WjCCAATMG
BSqFA2RwBIIBKDCASQMKyLQmtGA0LjQv9GC0L7Qn9GA0L4gQ1NQIiAo0LLQtdGA0YHQUNGPIDQu
MCKMUyLQo9C00L7RgdGC0L7QstC10YDRj9G00YnQuNC5INGG0LXQvdGC0YAgItCa0YDQuNC/0YLQ
vtCf0YDQviDQo9CmIiDQstC10YDRgdC40LggMi4wDE/QodC10YDRgtC40YTQuNC60LDRgiDRgdC+
0L7RgtCy0LXRgtGB0YLQstC40Y8g4oSWINCh0KQvMTI0LTMzODAg0L7RgiAxMS4wNS4yMDE4DE/Q
odC10YDRgtC40YTQuNC60LDRgiDRgdC+0L7RgtCy0LXRgtGB0YLQstC40Y8g4oSWINCh0KQvMTI4
LTM10TIg0L7RgiAxNy4xMC4yMDE4MDYGBSFA2RvBC0MKyLQmtGA0LjQv9GC0L7Qn9GA0L4gQ1NQ
IiAo0LLQtdGA0YHQUNGPIDQuMCKwFAYDVR0fBHUwczA3ODWgM4YxaHR0cDovL2NkcC5za2Jrb250
dXIucnUvY2RwL3NrYmtbnR1ci1xMS0yMDIwLmNyYDAA4oDagNIYyaHR0cDovL2NkcDIuc2tia29u
dHVyLnJlL2NkcC9za2Jrb250dXItcTETmJAyMC5jcmwwYIGBYqFAwICMQIEdzB1MGUwQGH0dHBz
0i8vY2Eua29udHVyLnJlL2Fib3V0L2RvY3VtZW50cy9jcnlwdG9wcm8tbGljZW5zZS1xdWFSaWZp
ZWQMhDCh0JrQkSDQmtC+0L3RgtGD0YAg0Lgg0JTQl9CeAwIF4AQM5bPdshEUePfzGbkYMIIBYAYD
VR0jBIIBVZCCA0AFDPM8ekaDiZjz6SEZVlchnbcf35KoYIBLKSCASgwwgEkMR4wHAYJKoZIhvcN
AQkBFg9kaXRabWluc3Z5YXoucUxXcZAJBgNVBAYTALJVMRgwFgYDVQJIDAA83NyDQnNC+0YHQutCy
0LAXGTAXBgNVBACMENCzLiDQnNC+0YHQutCy0LAXLjAsBgNVBAKMJDGD0LvQuNGG0LAG0KLQstC1
0YDRgdC60LDRjywg0LTQvtC8IDcxLDAqBgNVBAoMI9Cc0LjQvdC60L7QvNGB0LLRj9C30Ywg0KDQ
vtGB0YHQUNc4MRgwFgYFKoUDZAESDTEwNdc3MDIwMjY3MDEXGjAYBggqhQMDgQMBARIMMDA3NzEw
NDc0Mzc1MSwwKgYDVQDDCPQnNC40L3QutC+0LzRgdCy0Y/Qt9GMINCg0L7RgdGB0LjQuIILAN+d
TocAAAAABHYwHQYDVR00BBYEFD5jpEnM2eRpmNlyW4k/PZVYpetgMAoGCCqFAwCBAQMCA0EAZRZ/
bQ7Si9bGjEzXzSYreLyVq8BL5x5uNFKYZPCHUuBCB8DvR50aWcog2rtHGoGvPSw09Ak0WJjTXSyX
9e+ftjGCBHEwggRtAgEBMIIBoDCCAYkxHjAcBgkqhkiG9w0BCQEWd2NhQHNRymtbnR1ci5ydTEY
MBYGBSFA2QBEG0xMDI2NjA1NjA2NjIwMRowGAYIKouDA4EDAQESDDAwNjY2MzAwMzEYNzELMAKGA
A1UEBhMCUluXmZAxBgNVBAGMKjY2INCh0LLQtdGA0LTQu9C+0LLRgdC60LDRjyDQvtCx0LvQsNGB
0YLRjDEhMB8GA1UEBwwY0JXQutCw0YLQtdGA0LjQvdCx0YPRgNCzMUQwQgYDVQJDDvRg9C70LjR
htCwINCd0LDRgNC+0LTQvdC+0Lkg0LLQvtC70LgSINGB0YLRgNC+0LXQvdC40LUgMTnQkDEwMC4G
A1UECwwn0KPQtNC+0YHRgtC+0LLQtdGA0Y/RjtGJ0LjQuSDRhtC10L3RgtGAMSkwJwYDVQKDCDQ
kNCeICLQn9CkICLQodCa0JEg0JrQntCd0KLQo9CgIjEpMCCGA1UEAwwg0JDQniAi0J/QpCAi0KHQ
mtCRINCa0J7QndCi0KPQoCIQEQL9D3cBrqyMr0MJGec/Sm5vMAwGCCqFAwCBAQICBQCgggJKMBGg
CSqGSIB3DQEJAzELBgkqhkiG9w0BBwEwHAYJKoZIhvcNAQkFMQ8XDTIxMDkwOTA1MTEZNFowLwYJ
KoZIhvcNAQkEMSIEIJ7ADqKI1ZFR0jC7JAQHUXWiSDbXh4bvXfQKBLD9X13sMIIB9wYLKoZIhvcN
AQkQAi8xggHmIIB4jCCAAd4wggHaMAoGCCqFAwCBAQICBCApNyEQBryoXztHzjkfxenEv8+n3zLj
UKUqAyMK92/rHjCCAagwggGRpIIBjTCCAYkxHjAcBgkqhkiG9w0BCQEWd2NhQHNRymtbnR1ci5y
dTEYMBYGBSFA2QBEG0xMDI2NjA1NjA2NjIwMRowGAYIKouDA4EDAQESDDAwNjY2MzAwMzEYNzEL
MAKGA1UEBhMCUluXmZAxBgNVBAGMKjY2INCh0LLQtdGA0LTQu9C+0LLRgdC60LDRjyDQvtCx0LvQ

sNGB0YLRjDEhMB8GA1UEBwwY0JXQutCw0YLQtdGA0LjQvdCx0YPRgNCzMUQwQgYDVQQJDDvRg9C7
0LjRhtCwINCd0LDRgNC+0LTQvdC+0Lkg0LLQvtC70LgsINGB0YLRgNC+0LXQvdC40LUgMTnQkDEw
MC4GA1UECwwn0KPQtNC+0YHRgtC+0LLQtdGA0Y/RjtGJ0LjQuSDRhtC10L3RgtGAMSkwJwYDVQQK
DCDQkNceICLQn9CkICLQodCa0JEg0JrQntCd0KLQo9CgIjEpMccGA1UEAwwg0JDQniAi0J/QpCAi
0KHQmtCRINCa0J7QndCi0KPQoCICEQL9D3cBrqyMr0MJGec/Sm5vMAwGCCqFAwcBAQEBAEQJ3T
RKcb5H0LxrfGbp+1aHlvZ4/BKzHLXnjfcxu/k536kdnZF0+M6I60mjFDKRGflx+Tsy7ADuv8zvCB
00cCrfg=